

the RESCUE project



How do I run a small group from my home?

1. Invite: Reach out in a one on one conversation and let them know that you are planning on gathering a group of like minded friends to gather and discuss aspects of the Faith.
2. Set a regular time once a week and stick to the time frame.
3. Always serve food. It can be appetizers or a full meal.
4. Have everyone sit in a comfortable atmosphere with comfortable chairs.
5. Be willing to be vulnerable with others and often they will be vulnerable with you. This leads to authentic conversations.
6. Follow the discussion questions and let the conversation naturally flow. A couple of good rules for conversation are: Do not go first, do not go long, stay on topic.
7. Everything you need can be found in the Facilitators Guide and Participants Guide for discussion questions.
www.sldmfishers.org/small-groups
8. You can download and watch the videos at
<https://rescueproject.us>
 - a. Step one Click on Register Members (It is Free)
 - b. Type in you email and make up a password
 - c. Go to Watch and you will see the videos
9. Remember, in the end this should feel like a discussion with friends.
10. We are made for communion and the small group is a place we accompany others on the journey to Christ.

Small Group Helps

- ☐ Pick a day and time to share the Rescue Project with others.
- ☐ Set an easy menu for each week
- ☐ Make sure you have all the essentials to serve your meal
- ☐ Have a warm and inviting atmosphere.
- ☐ Download the video before the evening starts in case there are any Wi-Fi issues.
- ☐ Start with the meal and basic conversation right away.
- ☐ About 20 minutes into the meal start the movie (or you can start earlier).
- ☐ After the movie, share the discussion questions found here.
- ☐ Out of respect for your guests try to start on time and end on time.
- ☐ If you have a 'talker' in your group, sit beside them instead of across from them. This does help.
- ☐ If you have a quiet person in your group, sit across from them and make eye contact.
- ☐ Silence is ok. Certain people actually need some quiet to process their thoughts. If you have one person dominating the conversation you may want to ask a question and ask everyone to quietly think about it or invite them to journal their answer.